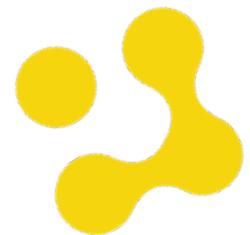




SwingPals Impact Report

2022 - 2023



MOMENTUM





Dear *SwingPals* Family,

Momentum, a quick google search provided this definition: “*the impetus and driving force gained by the development of a process or course of events.*” This sums up *SwingPals*. Over the past 11 years, *SwingPals* has developed a unique paradigm shifting process that is creating real change in the lives of Durham Public School children. A momentum building process, bringing joy to many.

SwingPals Phase 3 is officially underway at Neal Middle School, *SwingPals*' pilot school for the final phase. Today at Neal every child experiences *SwingPals* programming during PE and Health in 6th, 7th, and 8th grade. The launch of the *SwingPals Educators Program (SEP)* compliments Phase 3. SEP teaches educators *SwingPals* skills to use with students and to learn from each other, so students may reach their potential - - priceless.

Thanks to PGA of America, *SwingPals* now offers PGA Jr. League in schools. Every student can now enjoy golf and compete, regardless of whether they enroll in the after-school program. In July, the PGA and CBS provided *SwingPals* with National TV exposure. Millions of viewers are becoming aware of Durham, Durham Public Schools, and the *SwingPals* process - - - momentum. (See PGA of America, page 7.)

Family engagement has been heartwarming. The *SwingPals+* program enables students and two adult caregivers free access to golf. *SwingPals* provides booklets for home exercises and golf course challenges. Children and caregivers work together, connecting and deepening their social and emotional skills.

Last year, *SwingPals* had record 6th grade student engagement, assuring the after-school programs and home-based programs will reach capacity in the coming years. A powerful body of student leaders and ambassadors will take *SwingPals* skills back to school to share with their peers and teachers, carrying on the momentum.

None of this would be possible without the support and engagement of the community at large. Thank you to all who visited with the students in school and after school at the golf course. To see, feel, and witness first-hand the courage students display as they embrace *SwingPals* is to understand the change that is possible. A process and momentum which transforms lives. Please enjoy this report, knowing that together, we are making a difference.



Doug Hodges, PGA, Executive Director and Founder

I am humbled to step into the role as President of *SwingPals* Board of Directors. My unwavering belief in the transformative power of community to nurture the growth of our children fuels my commitment. This new chapter is not just a position; it's a calling to advocate for the untapped potential within each child. I embrace this responsibility with a profound understanding of the impact it can have on shaping their destinies.

Let's ignite a movement that empowers our youth to dream fearlessly, assuring them that a supportive network unwaveringly stands by their side. I invite you to be a part of this narrative. Together, we can sculpt a future where every child's potential is not just recognized but celebrated. Hand in hand, let's continue to pave the way for their extraordinary journeys - one swing, one step at a time. Thank you for being part of the *SwingPals* family.



Ed Dudley, Board President

Explosive Growth

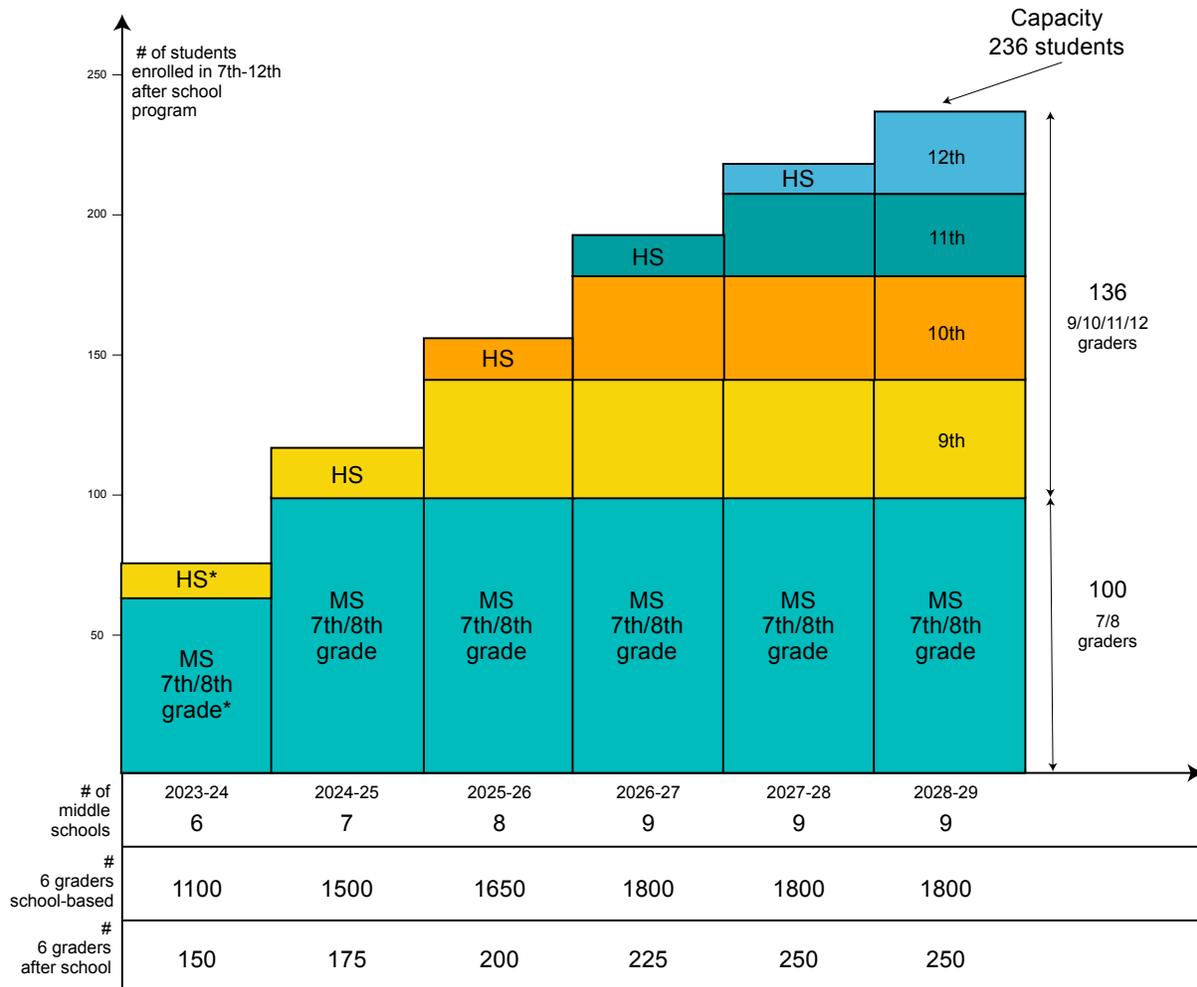


Covid hit no one harder than Durham's public school children and families who lack resources. These are the families *SwingPals* serves, and thanks to you *SwingPals* never stopped serving.

This past year, it was wonderful to have *SwingPals*' five school gymnasiums buzzing once again with students laughing and shouting "Bulls Eye" after snagging targets with tennis balls hit with their oversized golf clubs. It is here students build their social and emotional skills and create trust.

From the 1,000 6th grade students served in the five schools, students came to the golf course in droves. Throughout the year, 146 students came to the golf course, 110 competed in the season ending *SwingPals* PGA Jr. League tournament. Families came together and celebrated - - what joy! This student and family engagement is the foundation of *SwingPals*.

SwingPals 5-year Growth Forecast Entered Phase 3/ Adding Remaining 4 DPS Middle Schools



* Current enrollment in 7-12 grades is 83 students, expected to increase to 100 by end of school year.

Meet our *SwingPals* 6th grade after-school students with their families



Shepard Middle School



Lowe's Grove Middle School



Githens Middle School



Neal Middle School



Rogers-Herr Middle School

Thanks to last year's record turnout of 6th grade students, this year's after-school 7th grade program has reached capacity. Now, the *SwingPals* after-school program will be at capacity each year going forward.

By June 2029, the *SwingPals* 7-12th grade after-school programming expects to serve 236 students each year.

Student leaders and ambassadors will return to their middle school of origin to share *SwingPals* skills with peers, educators, staff, and administration. This is paradigm shifting --- life-changing, and sometimes life-saving. *SwingPals* is grateful to all who make this possible.

Coach Brittany Johnson

SwingPals Program Development Coordinator



Brittany Johnson
SwingPals Program
Development Coordinator

See Coach Brittany
in action:



“Since joining *SwingPals* a year and a half ago, I’ve been exposed to the life-changing and transformative work our students undertake every day. I’ve seen our young and intelligent *SwingPals* students go from being reactive, to thinking first before reacting. A skill that can mean the difference between a path to growth or a path to destruction. *SwingPals* students are choosing a path to growth.”

“As I continue to grow with *SwingPals*, I look forward to delivering programs and fostering connections that help drive our mission to reach all Durham Public School students who face adversity so that they may have the opportunity to live their lives to the fullest. Students using the *SwingPals* skills to build healthy relationships, stay safe and have the freedom to be themselves.”

Phase 3 at Neal Middle School

“As part of our vision to reach every Durham public middle school student, we have begun Phase 3 - this includes expanding school-based programming to include 7th and 8th graders at Neal Middle School, and at the same time launching the *SwingPals Educators Program*.”

“The *SwingPals Educators Program (SEP)* introduces teachers to the same transformative skills students enjoy. With a common language and understanding between educators and students, these skills will deepen relationships, enhance the classroom learning experience, creating a healthier school culture.”

Brittany Johnson, *SwingPals* Program Development Coordinator



“*SwingPals* has been instrumental in building confidence in some of our most vulnerable students. *SwingPals* is helping them be successful and has become one of the many things that has drawn families to our school community. I would like to see our partnership continue so other students and families can take advantage of this unique opportunity to grow and excel.”

Terrence Covington, Neal Middle School, Principal



Meet *SwingPals* student caregivers

Left to right: Alexis, Hope, Coach Brittany, Lanita, Lois, and Marilu

“As a parent it is special to see your child develop emotional skills through a sport. *SwingPals* has provided life skills in addition to learning a sport. Life is more than winning but about being present and intentional throughout all situations and that is what our family has received from *SwingPals*.”

Hope Taft, *Houston’s Mom*, Class of 2028

Deon uses what he learns often, like his breathing techniques. This has really impressed me and put a smile on my face off the golf course when he refers to a *SwingPals* technique. I think *SwingPals* has allowed him to grow, and I can’t wait to see what the next few years will be.”

Lois Pettiford, *Deon’s Mom*, Class of 2028

Programs

Engaging Teachers: *SwingPals Educators Program*

“Thank you for this amazing opportunity. Coming to *SwingPals* sessions has helped me manage to control what I can control. When I am focused and determined on my goal everything else flows. If I am relaxed and focused on what I can control, everything will work out. I cannot wait to continue these sessions and become part of the *SwingPals* family.”

Coach Neal, Neal Middle School, Athletics Director



Karl Kimball, PGA, Director of Golf Operations, Hillandale GC, meets with the *SwingPals* educators

Meet *SwingPals* Educator, Camila Bazemore, Neal Middle School



SwingPals Educator's Kick-off Breakfast November 7th



Engaging Families: *SwingPals+*



“As we listened to our students and families, we heard the desire for deeper connection and belonging. To fill this need, *SwingPals* created *SwingPals+* and offered HeartMath's *Smart Brain Wise Heart* program, providing the opportunity for intentional time together.”

“*SwingPals+* students visit the golf course with their trusted *SwingPals+* partner, normally the parent or caregiver. Students and partners exploring a curriculum and learning *SwingPals* skills to promote openness and vulnerability. Getting to know each other on a deeper level and improving their golf skills.”

Brittany Johnson, *SwingPals* Program Development Coordinator

Smart Brain Wise Heart (SBWH) - Home-based Program



“HeartMath's *SBWH* program is designed to encourage both intellectual and emotional growth. Student activities stimulate critical thinking and build emotional intelligence. Each unit in the virtual classroom empowers students to make smart decisions, improve self-control, and build academic success.”

Brittany Johnson,
SwingPals Program Development Coordinator

Partners



Durham City

The newly elected Durham Mayor Leonardo Williams visited *SwingPals* students at Lowe's Grove. Now students know the Mayor cares about them too! *SwingPals* is grateful to the City of Durham, as we move together through the process of locating a new 2,100 square foot indoor training facility onto the city-owned Hillandale Golf Course. (See Capital Campaign, page 12.)



Left to Right: Doug Hodges (*SwingPals* Executive Director), Mayor Williams, Brittany Johnson (*SwingPals* Program Development Coordinator), Dan Hill (Former *SwingPals* Board President), and Ed Dudley (*SwingPals* Board President).

Durham Public Schools

SwingPals, partnered with Durham Public Schools (DPS) since 2012, is focused on improving the physical and mental well-being of students. Currently, *SwingPals* serves 5 of the 9 DPS middle schools: Neal, Lowe's Grove, Githens, Shepard, and Rogers-Herr; serving over 1,000+ 6th grade students in school each year.



Neal Magnet Middle School



Lowe's Grove Middle School



Sherwood Githens Middle School



Shepard Middle School



Rogers-Herr Middle School

Duke Office of Durham & Community Affairs and the Mary Duke Biddle Foundation



Neal Middle School 8th grade students hosted very special guests from the Duke Office of Durham & Community Affairs and the Mary Duke Biddle Foundation. Students eagerly shared what *SwingPals* means to them and how they use their social and emotional skills to perform better in school, at home, and at the golf course.

Left to Right: Daniel, Kathleen Collier (MDBF Program Associate), Houston, Tristan, Abdullah Antepi (Duke University, Associate Vice President & Provost), Kamere, Mimi O'Brien (MDBF Executive Director), Rasean, Deon, Jady, Coach Hodges (*SwingPals* Executive Director), and Aiden.

Partners

PGA of America



"I'm so impressed by all *SwingPals* is doing to bring positive change to these kids' lives through the game of golf. It's wonderful to see PGA Reach play such an important role by helping the kids play PGA Jr. League and develop their love for the game."

Chuck Higgins,  **PGA**, Director of PGA Jr. League



"All your *SwingPals* players and families are better because of you and your staff that do such a wonderful job encouraging these young people be better people, golfers, and community members. The PGA is fortunate to have you wearing the badge and spreading so much good."

Frank Maynard III,  **PGA** Player Engagement Consultant



PGA Drive, Chip, and Putt at Hope Valley CC



Christopher and Jatovi



Coach Billy in action



Students adding it all up



Coach Brittany in the spotlight

SwingPals CBS - National Stage



Partners



Cisco and LifeConnections

Cisco Golf Tourney

SwingPals is grateful to Cisco and LifeConnections for hosting a wonderful day of golf to support SwingPals' work in the Durham community on behalf of underserved children and their families. Special thanks to the Title Sponsor HCL Technologies along with the Gold Sponsor Zensar Technologies, and the Silver Sponsors: The Select Group, GDH Inc., InsightGlobal, and Experis–Manpower Group.



Meet Coach Brittany and SwingPals Students:



Meet Upjit Ghuman, HCLTech, VP Technology Sales



Meet the HCLTech Crew!



Left to Right: Meet Amit Vaidya (HCLTech - far left), with Derek Banks (Cisco), Doug Hodges (SwingPals ED), and Dan Hill (SwingPals Board President).

Partners Supporting a Specific Program

Experis-Manpower Group

GDH, Inc.

Falls Village Member's Group

GlaxoSmithKline, LLC

Grable Foundation

HCL Technologies

Hope Valley Jr. Invitational

HV3 Foundation

InsightGlobal

The Carolinas Golf Association

The Durham Sports Commission

The Select Group

We are Golf/World Golf Foundation

Zensar Technologies

Events

Annual Awards Dinner 2023



Meet Dan Hill, *SwingPals* 6th inductee into *SwingPals* Hall of Fame. Dan was elected Board President in September 2017 and earlier this year rotated off the Board completing his 6-year term. During his six years of service, Dan worked tirelessly supporting the organization and staff. Today *SwingPals* enjoys unprecedented momentum and is uniquely positioned to fulfill its Vision that one day every Durham Public School child who lacks resources will have access to *SwingPals* skills and tools when they enter middle school. Dan continues to work behind the scenes to ensure the momentum continues to build. For his commitment to *SwingPals*, the City of Durham, and the vulnerable children and families living in Durham, Dan was inducted into the *SwingPals* Hall of Fame during the annual dinner and awards ceremony in June.



Community Service



Driving range clean-up

Holiday Party



Urban Ministries - sorting clothes

SwingPals Holiday Party 2023

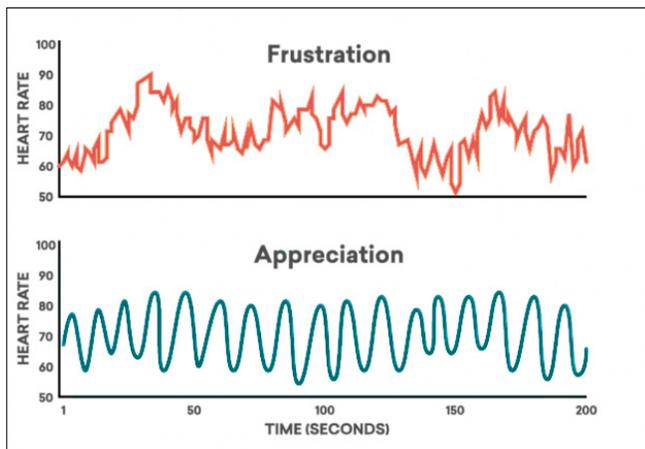


SwingPals Data



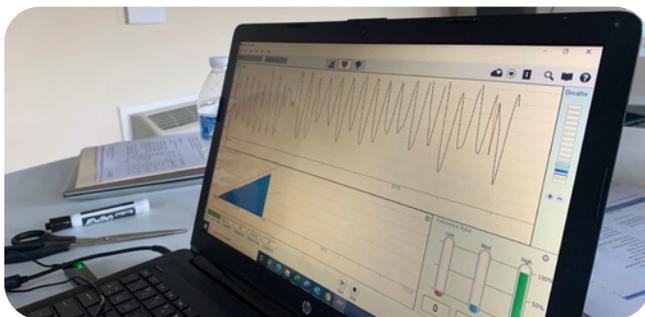
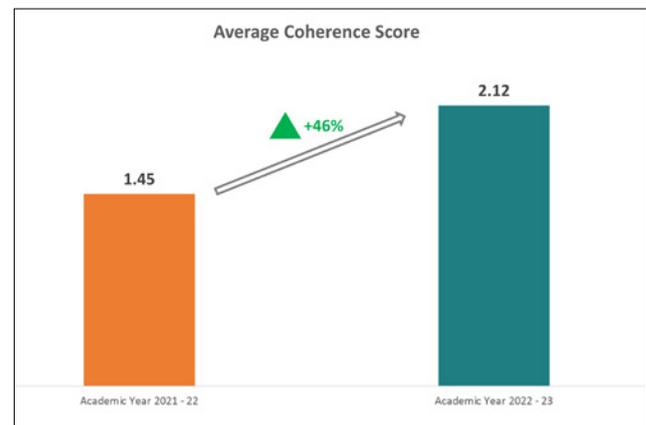
SwingPals continues to improve the data collection process to evaluate student development as they become more involved with the program. Two main sources of data collection are through HeartMath* technology and the administration of the Perth Emotional Reactivity Scale (PERS)** survey. Results show considerable improvements in students' ability to regulate emotional responses to external circumstances.

HeartMath



HeartMath technology helps students learn how to transition from experiencing negative emotions to choosing positive emotions – this leads to a state of optimal function characterized by increased order and harmony in both psychological and physiological processes, marked by a smooth, sine-wave-like pattern in the heart rate variability trace. *SwingPals* students experience more efficient physiological functioning; greater emotional stability; increased mental clarity and improved cognitive function; and improved body and brain function, well-being, and performance. *SwingPals* measures this using emWave* handheld devices and/or HeartMath's Inner Balance APP*.

HeartMath's coherence scores increase when heart rhythm frequencies are more stable and regular, reflecting an ability to regulate emotional responses to external circumstances. *SwingPals* provides students with the tools to recognize and regulate such emotional responses; thus, *SwingPals* expects students who stay involved with the program longer to post higher coherence scores and ratios.

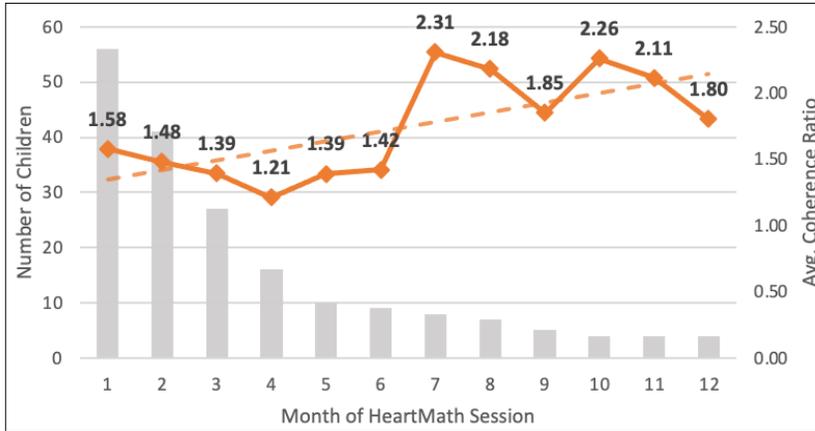


Typical heart rhythms for students exhibiting Coherence



SwingPals students practicing with HeartMath's emWave technology

SwingPals student average coherence ratios increase gradually over time

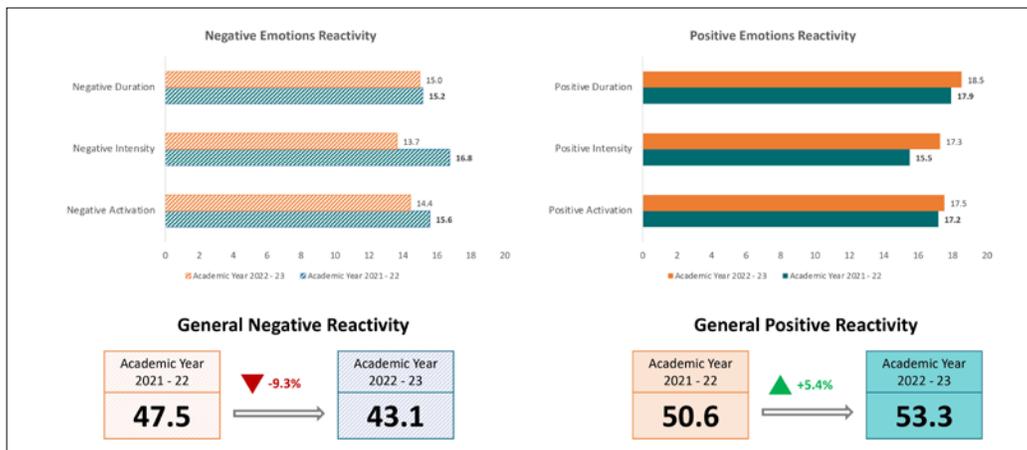


Coherence scores by month after first session.

Data collected in the 2021-22 and 2022-23 academic years show student coherence ratios increase as students use the technology over a longer period. For the 14 students enrolled in *SwingPals*, who used the technology consistently, coherence ratios increased by about 46 percent.

As depicted in the Chart (left), the dotted smoothed trend line exhibits a positive linear upward trend. Students who consistently logged in sessions over a longer period displayed a more stable heart rhythm than when they first started the program.

Student scores on PERS surveys provide another opportunity to assess their ability to regulate emotional responses. Among the 18 students who took the survey in both the 2021-22 and 2022-23 academic years, general negative reactivity decreased while positive reactivity increased. A considerable decrease in the intensity of negative emotions among these students largely drove the decrease in negative reactivity.



SwingPals instruction on mindfulness and social-emotional intelligence teaches students to become more aware of emotional responses to external circumstances, and not to let those emotional responses dominate behavior. As students are equipped with the tools to acknowledge and process emotions, *SwingPals* sees student emotional responses to external circumstances abate. By introducing these vital skills, *SwingPals* students are better prepared to handle adversity in the classroom and in the community and realize a lifetime of health and well-being.



SwingPals coaches and stakeholders attend a workshop to learn how to use HeartMath technology to build emotional regulation skills and build self-awareness.

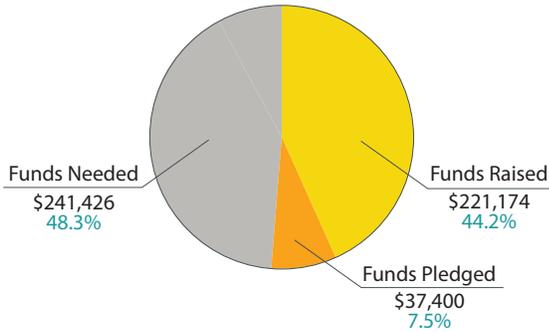
*HeartMath, Inc., is a company specializing in human performance, providing evidence-based technology developed over the past 30 years. Inner Balance and emWaves are HeartMath licensed trademarks.

**The Perth Emotional Reactivity Scale (PERS) is a 30-item self-report questionnaire designed to measure trait levels of emotional reactivity. PERS measures the typical ease of activation, intensity, and duration of emotional responses for both negative and positive emotions separately. The survey assesses these individual components of negative and positive emotional reactions and sums the results into a general negative or positive reactivity score.

Capital Campaign

The project is currently under City planning review – when completed the project will provide 2,100 square feet of indoor coaching and office space at Hillandale Golf Course in support of *SwingPals* expansion into all nine Durham public middle schools.

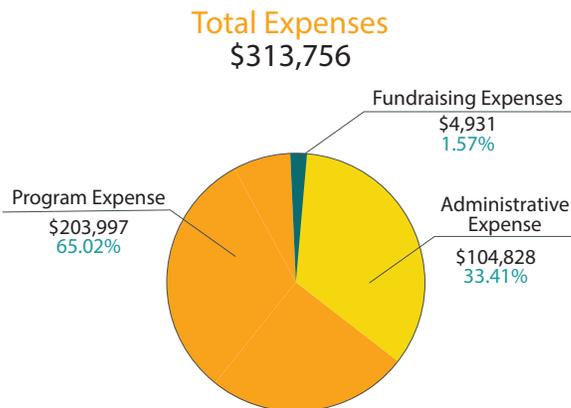
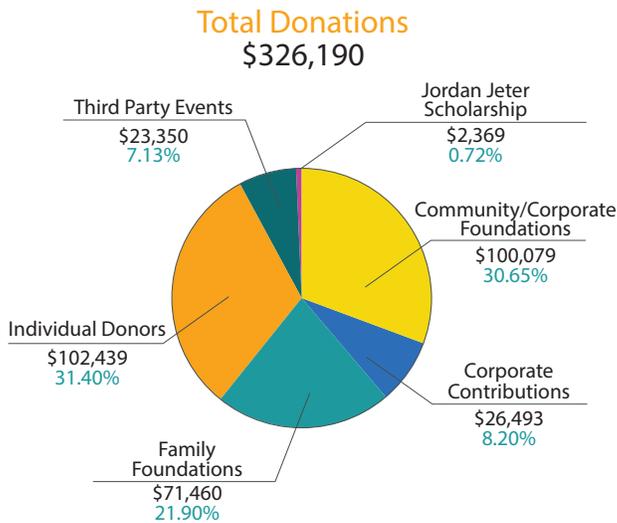
Capital Campaign Goal: \$500,000



Capital Campaign Donors

Doug Hodges, PGA
Peter J & Prudence F Meehan
Thomas Kenan III
William Smith
Brook Masters
Margaret Palmer
Dan Hill
Jim Bick
HCL Technologies
World Golf Foundation
Phil McHugh
Todd Yates
Franklin Tew
Sue Wasiolek
Charles & Susan Watson
Zensar Technologies
Zachary Hearon
Dave Pottenger
Brian & Nina Hand
Frank & Christie Janssen
Experis - Manpower Group
GDH, Inc.
The Select Group
InsightGlobal
Dave Guyer
Harry Albert
Richard Bowe
Mark Inserra
Ken Romley
Steve Stamos
William Hess
Johnson Family
Sarah Moor

SwingPals Financials September 1, 2022 - August 31, 2023



SwingPals is grateful to the following organizations and individuals who have generously contributed to **SwingPals'** financial growth over the past 3 years.

\$25,000 and above:

Earl and Margaret Chesson Endowment Fund	GlaxoSmithKline, LLC	Hodges Family Foundation	The PGA of America / PGA Reach	Thomas S. Kenan III
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\$10,000-\$24,999:

The Carolinas Golf Association	Falls Village Member's Group	Dan and Susie Hill	HV3 Foundation	Margaret Palmer	We Are Golf/ World Golf Foundation
Duke Doing Good	The Grable Foundation	HCL Technologies	Peter and Prudence Meehan	Smith Family Foundation	

\$2,500 - \$9,999:

Derek Banks	The BIN Foundation	Crossrope, LLC	Experis - Manpower Group	GDH, Inc.	Steve and Lori Morton	Parker Foundation	The Select Group
Bertsch Family Foundation	The Cisco Foundation	Mary Duke Biddle Foundation	Jonathon and Carolyn Fendelman	InsightGlobal	No Laying Up	Sarah Schumacher	Zensar Technologies
Jim and Martha Bick	Cisco/LifeConnections	Durham Sports Club	Ellen Sydney Fox Fund	The Men's Council	Mary Norris Preyer Fund	William and Lucy Stokes	

\$1,000 - \$2,499:

Harry Albert	Jan Doyle	Clark Green	The Hooligans – HVCC	The Lovett Foundation	Stephen O'Connell	Dave and Heather Tyler	Todd Yates
Jamisen Beechler-Ernst	The Durham Sports Commission	Brian & Nina Hand	Hope Valley Jr. Invitational	Scott McGeary	David Pottenger	Sue Wasiolek	Melissa Zielinski
Phyllis Bergeron	Ben Feldman	Ron Harman	Karl and Donna Kimball	Philip McHugh	Sheetz	Terrence Wells	
Don and Jennifer Dodson	Reed and Courtney Frankel	Zach Hearon	Carol Krzyzewski	Roland Maynard	Franklin Tew	Keith and Julie Western	

\$500 - \$999:

Dave Bergeron	Thomas Clark	Lanny Ealey	David Guyer	Jimmy Juhl	Billy Mims	Martin and Anne Steinson	Tim and Rebecca Waters
Doug Benton	Will Collins	Bryan Fox	Dan Harrington	Chris and Jonathan Mark	Matt Neighoff	Matthew Takanan	Charles and Susan Watson
Richard Bowe	Dave Dickerson	Price French	William Hess	Brook Masters	Grace Simpson	Chuck and Kerry Tyler	Charles Woody
Christopher Clark	Duke Scale and Coin Club	Bryan Griffin	Christie Janssen	William McClatchey	Stephen Stamos, Jr.	Todd Waldo	

Under \$500:

Martin Abramson	Chad Buey	Durham Seven Stars Program	Krystal Greenhaw	Kamira Jones	Patricia Miller	Ian Pond	Lorina Sulce
John Aharonian	Keena Byrd	Jennifer Edinger	Charles and Peggy Hammond	Joseph Kaitell	Glenn and Mary Mitchell	David Powers	Mary Tazewell
Michele Alexandre	James Canosa	Craig Embry	Nora Hammond	Chuck Kelly	Gary Monroe	Bharathkumar Ramachandra	Parker Tew
Reggie Allred	Sidney Carmelita	Ben Esposito	Glenn and Marcia Haney	Jerrold Kluger	Jeff Monsein	Victor Rawlings	Jackie Thomas
Dink Andrews	Scott Carter	Bridget Esposito	Evelyn Harper	Adam Lang	Sarah Moor	Pamela Reefer	Collin Thornburg
Jessica Asbury	Willette Carter	Rob Everett	Chris Harrison	Stephen Lang	Brandon Moore	Ryan Reynolds	Adam Tomasiello
Mathias Arrfelt	Mike Chambers	Keithley Farrington	Mary Hartzell	Gene Lee	Greg Murray	Thomas Riddell	Steve Vining
Connor Aylett	Charles Chapman	James Fayson	Greg Herman Giddens	Edwin Leinbach	Cara Nance	Anna Rietbrock	Lawrence Wakeford
Tyler Barnes	Stacy Charlton	Charith Fernando	Dax and Allison Hill	Emily Lingley	Jen Newmeyer	Lee Roberts	Seth Waldron
Angelika Barth	Leon Cooke	John Fiedler	Todd and Erica Hill	George Linney	Mason Nichols	Migdalia Rodriguez	Daniel Wallace
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Anthony Belanger	Andrew Crook	John Flanagan	Jonathan Hodges	Elizabeth Losey	Mary Norris Ogelsby	Adamary Rosado	Maury Webb
Bryce Bell	Ed Cvelich	Mitchell Fox	Sarah Hodges	Jo Macmang	Jennifer Oldham	Jeffrey Rush	Kevin Weber
Donna Bergeron	Hallie Davis	Jay Freeman	Jason Hollen	Stefania Mallett	Jeanne Orellana	Liz Schroyer	Jonathan Werlang
Deborah Besinger	Maria Davis	Jill French	Allen Holmes	Stephanie Mason	Janice Owens	Carolyn Shartenberg Lavin	John Wiener
Alexandra Blakelock	Douglas Deckelmann	Jennifer Fusco	Holy Infant Catholic Church	Jeff Mathais	Jonathan Ozmint	Mary Shaw	Francine Wilson
David Boger	Daniel Dektar	Susie Gallis	Tom Howlett	Richard Mayo	Alberta and Donald Parson	Andrew Shepard	Raffi Wineburg
Brian Bolcar	Mary Dickerson	Kyle Garrett	Victoria Huggins	Mary Linda McBride	Jo Anne Paterniti	Claire Simmons	Sam Wineburg
Christy Bondy	Ken Diglio	Ned Gonet	Mark Inserra	Mary McClintock	Betsy Pendergraph	Bron Skinner	Francis Wootton
Sydney Breuer	Caroline Dikibo	Holly Goode	Jack and Jill of America	Karen McDonald	Belinda Perry	Karen Smith	Doug Wixted
Henry Broadway	Grant Dipper	Kathleen Goolsby	Catherine Jackson	Holly McKenna	Diana Peterson	Vivian Smith	Leon Woodruff
Josh Brown	Crystal Douglas	Caroline Goray	Kimberly Janssen	Jay Mebane	Lois Pettiford	Alexis Springer	Greg Zaff
Shane Brown	Lynn Doyle	Teresa Gore	Tim Jennings	Jordan Mercier	Play NC, Inc.	Michael Stellpflug	Stefanie Zizzo
Doris Brown-Young	Edward Dudley	Roslyn Grace	Anja Johansson	David Meyers	Lee Polisano	William Stevenson	Jian Zong

Largest contribution in any fiscal year used to establish giving level. Only gifts received on, or prior to 8/31/2023, end of last fiscal year, are included.

Staff & Volunteers



**Ocaly Gonzalez, PGA
SwingPals Golf &
Mindfulness Coach**

“SwingPals is a program that creates a safe space for children facing adversity to explore their potential, I consider myself fortunate to have the opportunity to help create that space for them.”



**Renaissance Baker
SwingPals Social &
Emotional Coach**

“SwingPals, utilizes golf and mindfulness, which aligns with the principles of recreational therapy, positively impacting children’s physical, mental, emotional, and social well-being.”



**Brook Masters
Business Manager**

“My responsibilities include ensuring the organization institutes systemized policies and procedures and meets its financial goals and obligations.”



**Gail McClamb
Transportation**

“SwingPals is a great organization. The coaches teach golf and how to control emotions, helping students to think before they act.”

Volunteers:

Andre Bechuate, Tom Brey, Gregg Cusick, Dave Dickerson, David Guyer, Mary Hartzell, Alex Irving, Roland Maynard, Scott McGeary, Billy Mims, Mackenzie Powell, Saia Rampersaud, Courtney Rollins, Brett Russ, Bryan Stevens, Steve Vining, Doug Wixted.

SwingPals 2022-23 Coach of the Year



Meet Coach Mary Hartzell, *SwingPals* 2022-23 Coach of the Year! For the past 4 years Mary has coached *SwingPals* skills and tools in a manner that is deeply insightful and easily digestible for students. Students connect with Mary at a level not easily attainable. For her commitment of countless hours in support of *SwingPals*, both directly coaching and behind the scenes, Coach Mary is *SwingPals* 2022-23 Coach of the Year. Thank you, Mary.

Future *SwingPals* Leaders

Meet Frederick Wright-Boone, Class of 2024



“SwingPals helped me at school to focus and teaching me that sometimes you going to get in stressful situations ... it helped me relax and go with the flow. Next year I am going to be attending college.... majoring in journalism.”

Meet Esbeidy Hernandez, Class of 2023



“What I like most about being a *SwingPals* Coach is seeing the students smile at you when you tell them something... they are always looking forward to seeing their coaches what I like most about being a leader in *SwingPals* is that I like impacting children’s lives.”

SwingPals Board of Directors



Doug Hodges, PGA
Executive Director, Founder

Graduated City University Business School, London, England, in 1980. Established a floor brokerage operation on the New York Commodities Exchange in 1983. Launched his own successful trading career 1986. Retired 1999. Mentored children 1997 - 2010 through Big Brothers Big Sisters. Elected to membership in the PGA 2006. Established *SwingPals* 2010.



Ed Dudley
Board President

Managing Partner of L2P Financial Partners. Over 20 years of financial services experience. Previous roles: Senior Vice President of FSC Securities in Atlanta, GA, Senior Vice President / Regional Business Director of Wells Fargo Advisors in Marietta, GA & Regional Vice President of Evergreen Investments in Miami, FL.



Lanny D. Ealey
Board Vice President

Raised in Fayetteville, North Carolina. Graduated North Carolina Agricultural and Technical State University, BS in Business Management. Member of Alpha Phi Alpha fraternity. Twenty years of healthcare industry experience. Senior Account Manager with Prime Therapeutics. Past employment: Blue Cross Blue Shield of North Carolina and Accenture.



James Bick
Board Treasurer

Banking (retired). Former Chair, Advisory Board, Salvation Army of Durham, Orange, and Person Counties. Former Trustee, Durham Academy. Board member, Old Chatham Golf Club.



Jan Doyle
Board Secretary

Graduated East Carolina University, BS in Business Education. Co-owner of MJD Company, LLC, property management company. Past employment: NC Division of Veterans Affairs, Occidental Life Insurance Company, and Flexible Computer Corporation.



Ron Harman
Board Member

Founded Chief Technology Officer Outsourcing in 2007 providing fractional CTO services. Ron has 25 years of experience partnering with C-suite executives and entrepreneurs to conceptualize, develop, and deliver software solutions. Past Experience: Chief Technology Officer at MDeverywhere. Prior to a career in technology, Ron worked with teenagers as a Certified Substance Abuse Counselor.



Dr. Michael Fuga
Board Member

Principal in Durham Public Schools for 13 years, served on the Boards of the Augustine Literacy Project, Literacy through Photography Project with Center for Documentary Studies at Duke University, Superintendent's Principal's Advisory Council, Superintendent's Budget Advisory Committee.



Neil Harrington
Board Member

Neil is a second year MPP student at Duke University. He completed his undergraduate degree in History and Political Science at the University of Mississippi. Prior to Duke, Neil worked in political research and public relations consulting for political, nonprofit, and private sector clients.



Dr. Billy Mims
Board Member

Earned an Ed.D in Education Leadership and a MS degree in Administration and Supervision from Nova Southeastern University. Graduated from North Carolina Agricultural & Technology State University with a BS in Health & Physical Education.



Cory Williams
Board Member

Graduated from North Carolina Central University (NCCU) in 2018 with a major in Physical Education. After serving as an intern with *SwingPals* for the 2018-19 academic year, became a full-time Community Liaison/ Golf Mindfulness Coach for the next four years. After leaving *SwingPals*, became a board member in July 2022.



Nicole Stafford
Board Member

Nicole holds a Bachelor of Science in Business from the University of Minnesota, with a focus on Marketing and Non-Profit Management, and is currently pursuing a Master of Public Policy at Duke University's Sanford School of Public Policy, with a focus on economic development and anti-poverty policy. Prior to her graduate degree, she worked seven years in private sector consulting at Accenture and one year at a global health nonprofit.



SwingPals Partners



DUKE CHILDREN'S HOSPITAL 1.1 MI.

PINE VALLEY GOLF CLUB 405 MI.

OAKMONT COUNTRY CLUB 487 MI.

AUGUSTA NATIONAL 324 MI.

SAO PAULO, BRAZIL 4,627 MI.

1 TEE ↑
10 TEE ←





SwingPals CBS – National Stage



After-school programs:

Hillandale Golf Course
1600 Hillandale Road
Durham, NC 27705

Mailing Address:

Swingpals, Inc.
P.O. Box 2994
Durham, NC 27715



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